



**AMERICAN
UNIVERSITY
OF BEIRUT**

OFFICE OF COMMUNICATIONS

Beirut, Wednesday, October 4, 2023

FOR IMMEDIATE RELEASE

AUB's University for Seniors Walk **advocates healthy life of dignity for older people**

Under the title “For a Healthy Life of Dignity for older people”, the University for Seniors (UfS) at the American University of Beirut (AUB), on 22 September, held a walk with the participation of its members, friends, and their relatives from all ages and all Lebanese regions. This walk came within the initiative “AUB4Beirut Run” where the UfS was chosen by the AUB Alumni Office as one of this year’s beneficiaries of the initiative’s activities.

More than a hundred participants set off from the university gate to Manara on Beirut’s seaside, in a symbolic depiction of AUB’s role enlightening its community and connecting with it. The importance of this gathering lies in showing the positive image of older people. Branches of the AUB Alumni Association around the world will also organize walks in their countries in support of the University for Seniors.

The “AUB4Beirut Run” had been launched in September 2020, in the wake of the Beirut port explosion, to raise assistance for the community in Beirut, AUB’s Medical Center, and for the initiatives launched on campus. Since then, “AUB4Beirut Run” has become an annual world event that AUB alumni and friends from around the globe participate in. They run, walk, ride bikes, and perform other activities to help AUB support and heal the city of Beirut and AUB’s community and surroundings.

ENDS

For more information please contact:

Simon Kachar, PhD

Interim Director of the Office of Communications
Director of News and Media Relations

T +961 1 37 43 74 - Ext: 2676 | M +961 3 42 70 24
sk158@aub.edu.lb

Note to Editors

About AUB

Founded in 1866, the American University of Beirut bases its educational philosophy, standards, and practices on the American liberal arts model of higher education. A teaching-centered research university, AUB has more than 800 full-time faculty members and a student body of over 8000 students. AUB currently offers more than 120 programs leading to bachelor's, master's, MD, and PhD degrees. It provides medical education and training to students from throughout the region at its Medical Center that includes a full-service 365-bed hospital.

Stay up to date on AUB news and events.

aub.edu.lb | [Facebook](#) | [Twitter](#)

American University of Beirut

PO Box 11-0236, Riad El Solh, Beirut 1107 2020, Lebanon
T +961 1 35 00 00 – Ext 2650 | communications@aub.edu.lb

aub.edu.lb